

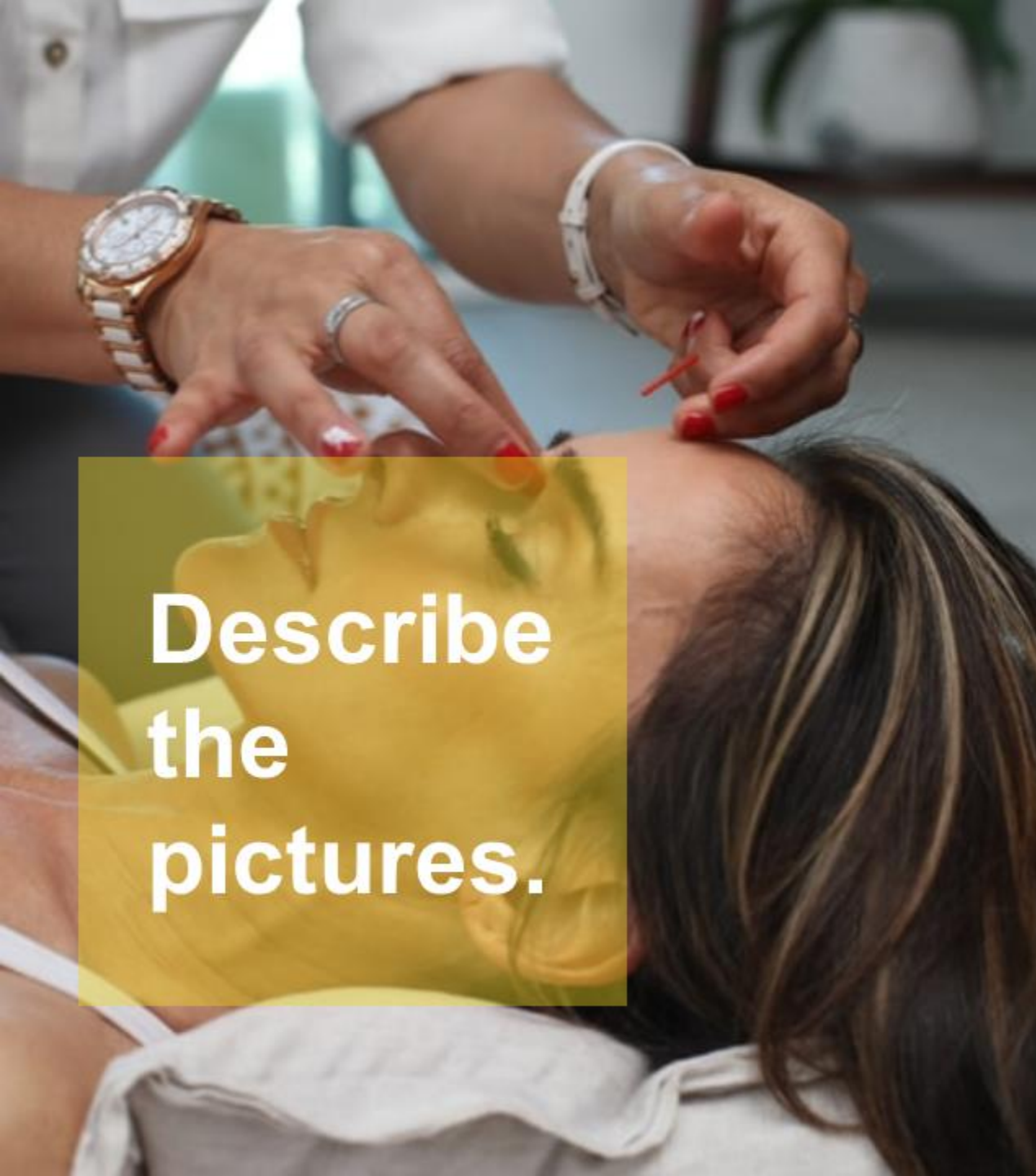
# Topic

**Conversation  
for Intermediates**



**E2**







Today's Topic

# Alternative Medicine

Alternative medicine is a traditional treatment that is used instead of using modern medicine.





# TARGET LANGUAGE

• In this lesson, we will **talk about alternative medicine:**

- learn words/expressions/phrases related to the topic;
- make sentences related to the topic;
- answer questions and share ideas related to the topic.

## Key words:

patients  
aromatherapy  
herbal  
yoga

## I Key Sentences

Read and share your opinions.

1. Most **patients** nowadays prefer alternative medicine to modern drugs.

Q1. Do patients in your country use alternative medicine?

Q2. Is hospital fee free to all patients in your country?



## I Key Sentences

Read and share your opinions.

**2. Aromatherapy** allows your body and mind to achieve equilibrium.

Q1. Do you think aromatherapy is a good form of treatment?

Q2. Do you think aromatherapy could be dangerous?



## I Key Sentences

Read and share your opinions.

### 3. Herbal remedies are very effective.

Q1. What kinds of herbal medicine do you know?

What do you use them for?

Q2. What are the advantages and disadvantages of herbal remedies?



## I Key Sentences

Read and share your opinions.

4. He has been teaching **yoga** full time for six years.

Q1. How does yoga help our mind and body?

Q2. Aside from yoga, what other forms of meditation are common in your country?





## Vocabulary

Sum up and make sentences with the words.



### patient

someone who is receiving medical treatment from a doctor or in a hospital



### herbal

made of herbs



### aromatherapy

the use of natural oils that have a pleasant smell to make a person feel better



### yoga

a system of exercises that help you control your mind and body to relax

## Vocabulary Check

Choose the correct words to complete the sentences.

patients

yoga

aromatherapy

herbal

1. The hospital is full of \_\_\_\_\_ since the beginning of flu season.
2. I often attend \_\_\_\_\_ class every week.
3. They are selling \_\_\_\_\_ products. The scents are good.
4. He took \_\_\_\_\_ medicine for his high fever.



## Review

Fill in the blanks with the given letter.

In order to live a long and healthy life, we must take care of ourselves. However, with the rising costs of healthcare and modern drugs, more p 1 are taking alternative options like h 2 medicines and a 3 to heal themselves when they are sick. Some, especially women, would do y 4 to maintain a healthy body and avoid getting sick.

Modern and alternative medicines have their own uses and downsides but perhaps using both of them could be more effective.

## | Free Talk

Read the question and share your opinions.

### Kinds of Alternative Medicines/Treatments

#### Acupuncture

inserting very fine needles into different parts of your body



#### Aromatherapy

uses essential oils for pain reliever and healing



#### Herbal Medicine

used to treat allergies, fatigue and other health diseases



#### Yoga

used to give control over the body and mind



Q1. Which alternative medicines or treatments can cure body pains?

Q2. Which alternative medicines or treatments is good for common illnesses?



## Free Talk

Read the question and share your opinions.

We can use alternative medicines  
or treatment when/for;

1. common illnesses

2. \_\_\_\_\_

3. \_\_\_\_\_



We can't use alternative medicines  
or treatment when/for;

1. serious illnesses

2. \_\_\_\_\_

3. \_\_\_\_\_



Q1. Do you trust alternative medicine over modern drugs? Why or why not?