

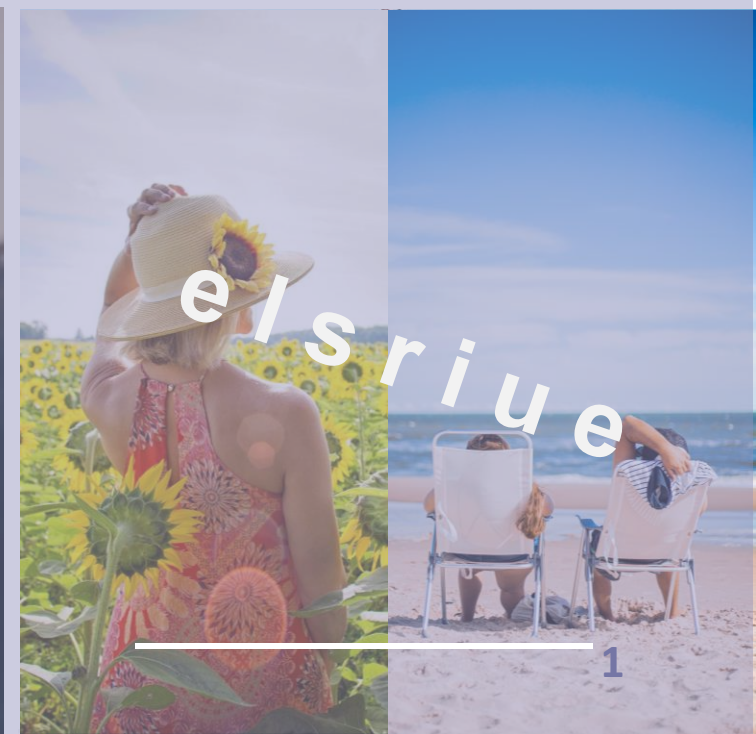
A red and white Volkswagen Type 2 van is parked on a dirt road in a tropical setting. The van is facing left, and its license plate reads '10011844'. The background is filled with lush greenery, including tall palm trees and dense foliage. The scene is brightly lit, suggesting a sunny day. The van has a white upper body and a red lower body, with a white roof and a white front grille. The license plate is black with white text.

Topic

Conversation for Intermediates

E6

Guess the topics.



TARGET LANGUAGE

- In this lesson, we will **review the:**
 - words and phrases;
 - definitions of words and phrases;
 - situations related to the topics.

Topics:

Fashion
Alternative Medicine
Diets
Habits
Leisure

Vocabulary Review A

Circle the word in the box using the clues.



CLUES

1. made of herbs
2. the process of getting the right type of food
3. something that you do regularly
4. the actual performance of an activity in a real situation
5. someone who is receiving medical treatment from a doctor
6. special plan of food, exercise, etc. to improve your health

Vocabulary Review B

Fill in the blanks to make complete sentences.

vintage

stress-free

lost a lot of weight

trendy

relaxation

1. No job is _____ unless you are a lazy person.
2. My friend spends a lot of money on _____ clothes every season.
3. Some people like to collect _____ albums of classical musicians.
4. I saw Peter yesterday; he's _____ due to his sickness.
5. Whenever I'm tired from work, I make sure to find time for some _____.

Discuss and Debate

Read the following statements and give your ideas.

Do you **agree or disagree** with the following ideas? Why or why not?

Modern drugs are better than alternative medicines.

Fashion is just repeating itself. Clothes from the past will slowly be trendy again soon.

Going vegan is the most effective diet to lose weight.

All bad habits will cost our health in the end.

Work can be a form of leisure if you enjoy and love your work very much.

Overview

Fill in the blanks with the given letter.

No one wants to be unhealthy. Having a healthy lifestyle is certainly the most important duty we owe to ourselves. To achieve this goal, you should start by changing your daily **r**____¹____. You need to **b**____²____ slowly and develop good habits. Make sure to get enough **n**____³____ from your food too. However, it doesn't mean you have to follow a strict diet all the time. On some days, you can have a cheat meal to improve your mood. If you are starting to **p**____⁴____, you should consider hitting the gym or doing **y**____⁵____ to lose those few pounds. Keeping fit allows us to live more actively and comfortably.

Summary

Pick a topic and share your opinions.

Which is the most interesting topic in this unit?



Fashion



Alternative
Medicine



Diets



Habits



Leisure

- Topic: _____
 - What useful expressions have you learned in this topic?
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