

# Sustainable Development Goals

## Lesson 5

### Goal 3 – Good Health and Well-being (1)





## Think and Answer



1. Do you know that around 6 million (6,000,000) children die in the world before they reach 5 years old?
2. Can you think about the possible reasons of these children's deaths in the early age?



# Words to Know

Read the sentences and answer the following questions.



People should take regular injections to fight **preventable** diseases.

\*What do you do to fight preventable diseases?



Because of the **poor nutrition**, these children became weaker and weaker.

\*Which areas of your country still have children experiencing poor nutrition?

Many **newborns** are born in this world every second.

\*Are there any newborns in your big family?



The outbreak of a flu **epidemic** put people in a great panic.

\*Do you know any other common epidemic diseases?





## Good Health and Well-being

### What does good health and well-being mean?

It means things like...

- ✓ A safe and healthy birth for mother and child;
- ✓ Protection from **preventable** diseases;
- ✓ Access to health care and quality medical services.



Professional support reduces the risk of death.



Epidemics can be prevented and managed.





## Mother And Child Health

Nowadays, the health of mother and child has become a growing concern. Based on the data from **WHO**, it is said that 2.8 million pregnant women and **newborns** die every year.

In 2016, 2.6 million children died in the first month of life. They didn't have quality care and skilled treatment. What's more, **poor nutrition** causes 45 % of the child deaths under 5 years old.



*Mothers and newborns face huge risks of death during and after delivery.*



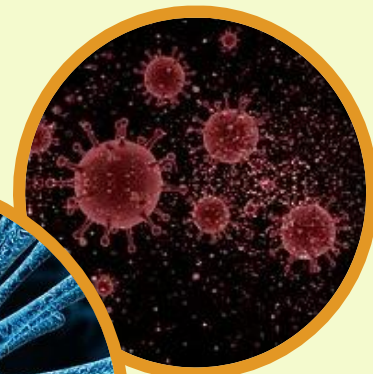
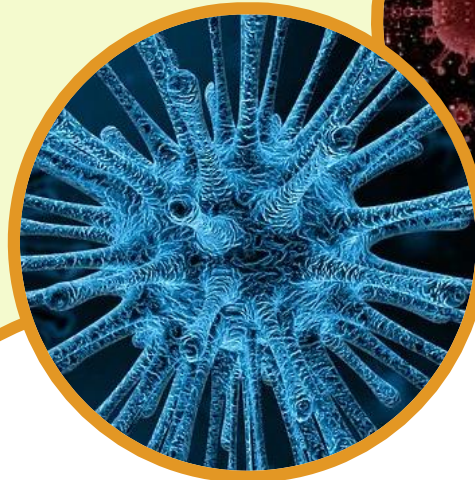


## Epidemic Diseases

Disease is also one of the factors that affect people's health. AIDS is now the leading cause of death among teenagers (aged 10–19) in Africa and the second most common cause of teenagers' deaths in the whole world.

*32.7 million people have **died** from AIDS-related illnesses since the start of the epidemic.*

all kinds  
of viruses



They are transmitted mainly  
through air containing viruses.





## Health Care and Medical Services

Many countries are still in the poor medical services such as Syria, Brazil, and India. They don't have enough medical supplies and even health care workers, which also cause many health risks.

*People suffer a lot under the poor medical conditions.*



**lack of medical supplies**



# Respond to Reading

Determine which health problems the following examples belong to.

**Name:** Sylvia  
**Age:** ten-year-old  
**Status:** AIDS infection  
**Nationality:** She lives in a poor village in India. She has no access to soap and water to block the spread of disease.

- a. Mother and Child's Health
- b. Poor Health Care and Medical Services
- c. Infectious Diseases

Children in Ethiopia cannot find a hospital that can provide health care treatment.

A mother from Africa lost her third baby after the delivery because of a local epidemic.

**Name:** Mustafa  
**Age:** eight-year-old  
**Status:** disabled  
**Nationality:** He was accidentally injured by bombing and was permanently disabled due to lack of skilled and timely treatment.








# Summary

Read the Sustainable Development Goals from United Nations.

## Sustainable Development Goals

### Goal 3 - Good health and Well-being



-  1. By 2030, reduce the global mother death rate.
-  2. By 2030, end preventable deaths of newborns and children under 5 years of age.
-  3. By 2030, end the epidemics of AIDS...

Deeper thinking after class:



In the face of the global health crisis, do you have any good suggestions and measures to improve this situation?



**Task: Conduct research and gather data on health problems in your country for your preview paper.**