

Flavors of the World

Lesson 2

Read for Main Idea



## PREPARE TO READ

#### **Academic Vocabulary**

#### Read the definitions and complete the sentences.

#### preservation



*n.* the act of keeping something the same

#### ancestor



n. a person related to you who liveda long time ago

## regional



adj. relating to or coming from a particular part of a country



#### Have a try!

- The \_\_\_\_\_ cuisine of Italy varies greatly from North to South.
- The ruins provide a glimpse into the lives of our distant \_\_\_\_\_.
- Recycling is good for the \_\_\_\_\_ of the Earth.

## PREPARE TO READ

#### **Academic Vocabulary**

#### Read the definitions and complete the sentences.

#### tradition



n. a way of behaving or a belief that has been established for a long time

#### savory



adj. savory food is salty or spicy and not sweet in taste

## bustling



adj. if a place is bustling, it is full of busy activity



#### Have a try!



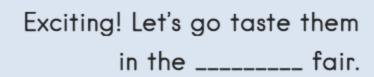
Sarah, have you tried the \_\_\_\_\_ food at the fair?

Not yet, Ann. What's special?





Well, they have this \_\_\_\_\_ of making dumplings with a secret recipe.

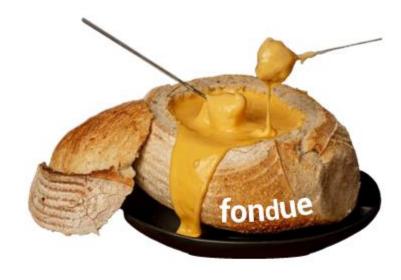




# PREPARE TO READ

## **Think Before Reading**

## Did you know about the street foods below? Which country's street food are they?











Mexico







India



# Flavors of the World



Food helps preserve the unique cultures of different countries. This preservation can be seen not only in the main dishes of each country but also in the street food they offer. Today, I want to talk about street food in three countries to show how it is a window to their culture. Let us explore tasty new foods!

In Switzerland, people enjoy cheese and eating with others. Cheese is significant to them as it represents their ancestors and their country. Even today, Swiss street food uses these ingredients in dishes like fondue. Fondue gatherings are special because they bring people together.

Now let's talk about Mexico, a country famous for its delicious food and friendly people. Mexican street food has dishes with a long history, like tacos and tamales. Tamales have been made for many generations. In a similar vein, tacos are not just a traditional food but also show that Mexicans love to be together and have fun. Taco stalls are always bustling with people.

Finally, let's explore India, where street food connects different regional dishes. In South India, crispy dosas are a part of festive meals and bring families and communities together. On the other hand, in the north, samosas are very popular. They represent the locals' love for savory and spicy flavors.

In conclusion, street food in different countries reflects their uniqueness, special traditions, and sense of community. It lets us explore new flavors and experience a country's culture through food. So, when you visit another country, don't forget to try their delicious street food. Bon appétit!

#### **Predict From the Title**

- Look at the title of the essay and answer.
  - 1. What is the essay's title?
  - 2. Which picture below is related to the title?









Listen and read the essay. Think about the main idea of the essay.

# Flavors of the World

Ladies and gentlemen, and fellow high school students, good morning!

Food helps preserve the unique cultures of different countries. This can be seen not

only in the main dishes of each country but also in the street food they offer. Today,

I want to talk about street food in three countries to show how it is a window to their culture. Let us explore tasty new food!

In Switzerland, people enjoy cheese and eating with others.

Cheese is significant to them as it represents their ancestors and their country. Even today, Swiss street food uses these ingredients in dishes like **fondue**. Fondue gatherings are special because they bring people together.





Now let's talk about Mexico, a country famous for its traditional food and friendly people. Mexican street food has dishes with a long history, like tacos and tamales. Tamales have been made for many generations. In a similar vein, tacos are not just a traditional food but also show that Mexicans love to be together and have fun. Taco stalls are always bustling with people.

Finally, let's explore India, where street food connects different regional dishes. In South India, crispy dosas are a part of festive meals and bring families and communities together. On the other hand, in the North, samosas are very popular. They represent the locals' love for savory and spicy flavors.

In conclusion, street food in different countries reflects their uniqueness, special traditions, and sense of community. It lets us explore new flavors and experience a country's culture through food. So, when you visit another country, don't forget to try their delicious street food. Bon appétit!

Thank you.



# Flavors of the World

Ladies and gentlemen, and fellow high school students, good morning!

Food helps preserve the unique cultures of different countries. This preservation can be seen not only in the main dishes of each country but also in the street food they offer. Today, I want to talk about street food in three countries to show how it is a window to their culture. Let us explore tasty new food!

In Switzerland, people enjoy cheese and eating with others. Cheese is significant to them as it represents their ancestors and their country. Even today, Swiss street food uses these ingredients in dishes like rosti and fondue. Fondue gatherings are special because they bring people together.

Now let's talk about Mexico, a country famous for its delicious food and friendly people. Mexican street food has dishes with a long history, like tacos and tamales. Tamales have been made for many generations. In a similar vein, tacos are not just a traditional food but also show that Mexicans love to be together and have fun. Taco stalls are always bustling with people.

Finally, let's explore India, where street food connects different regional dishes. In South India, crispy dosas are a part of festive meals and bring families and communities together. On the other hand, in the north, samosas are very popular. They represent the locals' love for savory and spicy flavors.

In conclusion, street food in different countries reflects their uniqueness, special traditions, and sense of community. It lets us explore new flavors and experience a country's culture through food. So, when you visit another country, don't forget to try their delicious street food. Bon appétit!

#### Goal

- What do you think is the goal of the essay?
- to give a presentation to high school students explaining the purpose of street food
- to give a speech to high school students about the relationship of street food and culture
- to give a report to high school students showing how many countries love to eat desserts

Thank you.

#### Flavors of the World | Paragraph 1

Food helps preserve the unique cultures of different countries. This can be seen not only in the main dishes of each country but also in the street food they offer. Today, I want to talk about street food in three countries to show how it is a window to their culture. Let us explore tasty new food!

## Main Idea for Paragraphs

 Circle the introductory phrase and underline the sentence that tells the main idea of the paragraph.

#### SKILL

Pay attention to introductory
elements. They can help us grasp
the main idea of the speech.

Flavors of the World | Paragraph 2

In Switzerland, people enjoy cheese and eating with others. Cheese is significant to them as it represents their ancestors and their country. Even today, Swiss street food uses these ingredients in dishes like fondue. Fondue gatherings are special because they bring people together.

## Main Idea for Paragraphs

- Skim paragraph 2 and choose the main idea of the paragraph.
- In Switzerland, people are still using cheese to make their street foods.
- In Switzerland, people love cheese and shared dining.

#### SKILL

The first sentence helps us find the main idea of the paragraph.

#### Flavors of the World | Paragraph 3

Now let's talk about Mexico, a country famous for its traditional food and friendly people. Mexican street food has dishes with a long history, like tacos and tamales. Tamales have been made for many generations. In a similar vein, tacos are not just a traditional food but also show that Mexicans love to be together and have fun. Taco stalls are always bustling with people.

## Main Idea for Paragraphs

- Skim paragraph 3 and choose the main idea of the paragraph.
- Mexicans have tamales and tacos.
- Mexicans are friendly and have traditional dishes.

#### SKILL

Read the first sentence and then skim the other sentences to see if they all support it.



Flavors of the World | Paragraph 4

Finally, let's explore India, where street food connects different regional dishes. In South India, crispy dosas are a part of festive meals and bring families and communities together. On the other hand, in the North, samosas are very popular. They represent the locals' love for savory and spicy flavors.

## Main Idea for Paragraphs

- Skim paragraph 4 and choose the main idea of the paragraph.
  - Indian street food connects different regional dishes.
- Indian street food is from different parts of the world.

#### SKILL

Compare the potential main idea with the supporting sentences.

They should be logically connected.

## Flavors of the World | Paragraph 5

In conclusion, street food in different countries reflects their uniqueness, special traditions, and sense of community. It lets us explore new flavors and experience a country's culture through food. So, when you visit another country, don't forget to try their delicious street food. Bon appétit!

## Main Idea for Paragraphs

Skim paragraph 5 and underline the sentence that tells the main idea of the paragraph.

#### SKILL

The phrase "in conclusion" usually indicates a summarized main idea.





#### **Academic Vocabulary**



preserve



ancestor



regional



tradition



savory



bustling

#### **Read for Main Idea**

#### SKILLS

- Pay attention to introductory elements. They can help us grasp the main idea of the speech.
- The first sentence helps us find the main idea of the paragraph.
- Read the first sentence and then skim the other sentences to see if they all support it.
- Compare the potential main idea with the supporting sentences. They should be logically connected.
- The phrase "in conclusion" usually indicates a summarized main idea.

