

For Advanced Kid Learners

Book 3

Time to Talk

Lesson 21 Table Manners



Warm-up question.

Which kid has better table manners? Why?

Ugh. This meat is yucky!



Thanks for the meal.



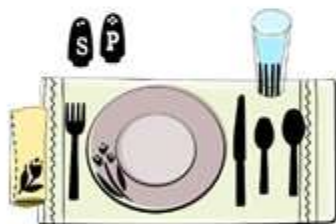
Read and learn.

Table Manners

Table manners are the rules we should follow when we eat with other people. Here are some table manners to remember when you eat at home.

Before the meal

- Wash your hands. Also, change into comfortable clothes if you are back from outside.
- Go to the table quickly. Don't take your iPad or phone!
- Help set the table.
- Wait for everyone in the family to come before you start eating.



Read and learn.

During the meal

- Sit up straight. Don't put your elbows on the table.
- Use a **napkin** and keep it on your lap. Wipe your mouth when you need to.
- Never fill your plate or bowl to the **brim**. Take only what you can finish.

Don't waste food.



napkin

-- a piece of paper to wipe the mouth or hands while eating



brim

-- the top edge of a hollow object such as a cup



Read and learn.

During the meal

- If your food is too hot, wait for it to cool down. Don't **blow** on it.
- Be careful with spoons, chopsticks, knives or forks. Don't drop food.
- Don't keep your mouth open when you eat. **Chew** the food slowly without making noises. Don't talk with your mouth full.



blow

-to force air out of your mouth



chew

-to make food into small pieces using the teeth

Read and learn.

- Try everything on your plate. Don't **complain** of the food or say you don't like it.
- Don't **reach for** the dishes far from you. Say "Please pass the ...".



reach for

– to stretch your hand to get something

After the meal

- Help clean the table.
- Say **thanks** to mum.



complain

– to express unhappy feelings about something

Match the words or phrases to their meanings.

napkin

brim

blow

chew

reach for

complain

a. a piece of paper to wipe the mouth or hands while eating

b. to force air out of your mouth

c. the top edge of a hollow object such as a cup

d. to express unhappy feelings about something

e. to make food into pieces using the teeth

f. to stretch your hand to get something

Useful Dining Expressions.

Examples



Situation	Useful Expression
Ask for something far from you.	Please pass the ... Could you please pass the ...
You are given something.	Thank you.
You sneeze in front of others.	Excuse me.
You drop food or hurt someone.	I'm sorry, ...
You are leaving the table.	Thank you for the (delicious) meal.

+ What dining expressions do we say in the following situations?

1. Mom passes the dish to you. _____
2. You sneeze at the table. _____
3. You finish eating your meal. _____

Read and tick the good manners before, during and after the meal.

Before the meal

- | | |
|--|---|
| <input type="checkbox"/> Wash your hands. | <input type="checkbox"/> Don't drop food. |
| <input type="checkbox"/> Help set the table. | <input type="checkbox"/> Don't take your iPad or phone! |

During the meal

- | | |
|---|---|
| <input type="checkbox"/> Don't blow on hot food. | <input type="checkbox"/> Don't talk with your mouth full. |
| <input type="checkbox"/> Help set the table. | <input type="checkbox"/> Don't complain of the food. |
| <input type="checkbox"/> Don't drop food. | <input type="checkbox"/> If you sneeze, say "Excuse me." |
| <input type="checkbox"/> Chew the food slowly without making noise. | |

After the meal

- | | |
|--|---|
| <input type="checkbox"/> Wash your hands. | <input type="checkbox"/> Don't drop food. |
| <input type="checkbox"/> Help set the table. | <input type="checkbox"/> Don't take your iPad or phone! |

Talk more.

1. What table manners do you follow at home?
2. Why are good table manners important?
3. Can good manners help you become successful? How?

